

Resource Guide

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Safety checklist: Questions to ask before starting a task

- There are many questions we need to ask ourselves and other individuals throughout the workday to accomplish our daily tasks.
- This is especially true when it comes to ensuring we are working safely individually and as a team. Here are some questions to ask yourself before starting a task:
 - Do I understand the work task?
 - Do I understand hazards associated with the task?
 - Do I have all the necessary training for the task?
 - Do I have all the tools needed to do the job?
 - Do I know what to do if an incident happens?



Find more safety-related information
from your *Health and Safety Board*.