

Resource Guide

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Zero Waste Made Simple

Reducing waste in our daily lives not only helps the planet — it also supports healthier communities and more enjoyable outdoor spaces. Less garbage in landfills means fewer toxins that harm our health and environment, while creating cleaner spaces for everyone

Here are some simple, practical ways to start living with less waste:

- **Reuse, repurpose, or donate** – Give items a second life instead of throwing them away.
- **Repair before replacing** – Extend the life of what you own.
- **Carry a reusable kit** – Keep utensils, a water bottle, and cloth napkins handy to avoid single-use items.
- **Compost food scraps** – Divert organic waste from landfills and reduce greenhouse gases.

✧ Remember: Moving toward zero waste doesn't require perfection — even small daily actions can make a lasting difference for your health and the planet.

